

MARGARET SEIDE MD

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CURRENT APPOINTMENTS

New York University School of Medicine
Department of Psychiatry & Behavioral Sciences
Tisch Hospital
Consultation & Liaison Services
550 First Avenue
New York, NY 10016
212-263-6906

Solo Practitioner
30 Broad Street, 14th Floor
New York, NY 10004
212-480-4989

01/2018-present

EDUCATION AND TRAINING

08/1993-05/1997 B.S., Biology, State University at Stony Brook, Stony Brook, NY
08/1997-02/2000 M.S., Toxicology & Pharmacology, University of Medicine & Dentistry of New Jersey, Newark, NJ
08/2000-05/2004 M.D., New York University School of Medicine, New York, NY
07/2004-06/2007 Resident, General Surgery, Maimonides Medical Center, New York, NY
07/2007-06/2010 Resident, Psychiatry & Behavioral Sciences, Johns Hopkins Hospital, Baltimore, MD

PROFESSIONAL EXPERIENCE

07/2010-06/2014 Clinical Associate, Psychiatry, Johns Hopkins University School of Medicine, Baltimore, MD
08/2014-present Associate Professor, Staten Island University Hospital, Staten Island, NY
01/2018-present Sole Practitioner in private practice, New York, NY
06/2020-present New York University School of Medicine, Faculty, Consultation & Liaison Services

CERTIFICATIONS

New York State Medical Licensure, 275268
American Board of Psychiatry & Neurology, 67500
Authorized Suboxone Prescriber, 2016
Authorized certifier for Medical Marijuana, New York State, 2018

CLINICAL ACTIVITIES AND RESPONSIBILITIES

08/2009-06/2010 Co-facilitate a Cognitive Behavioral Therapy Group and support group for pre and post bariatric surgery patients
07/2010-06/2014 Attending Physician, Eating Disorders Service

07/2010-06/2014	Eating Disorders Consultation and Outpatient Clinic
07/2010-06/2014	Eating Disorders Outpatient Cognitive Behavioral Therapy Group
07/2010-06/2014	Longitudinal Psychotherapy and Pharmacological Management of Traditional Eating Disorders and Pre/Post Bariatric Surgery patients
08/2014-02/2016	Attending Physician, General Psychiatry Unit
02/2016-10/2019	Consultation and liaison psychiatrist for Staten Island University Hospital addiction services

CLINICAL PROGRAM BUILDING

- I have helped to develop and maintain a nationally recognized, integrated inpatient-partial hospital program for the treatment of eating disorders. The program is one of a handful of academic inpatient behavioral specialty programs for the treatment of eating disorders capable of treating eating disorders with severe medical co-morbidities as well as co-occurring psychiatric illnesses, including substance use disorders. I personally assisted with protocol revision, overseeing of staff and our domiciliary facility, fund raising and day to day management of the service.
- I was positioned as the sole consultation and liaison psychiatrist for the inpatient addiction services of Staten Island University Hospital which includes a chemical detoxification unit and a chemical dependence rehabilitation unit. For almost four years, I facilitated weekly classes educating patients on the neuroscience of addiction and the reward system of the brain, promoting the disease model of addiction and guided resident physicians in training through the process of doing the same. I also introduced medication assisted treatment where appropriate.

TEACHING

Classroom Instruction

04/2012	Loyola University, Graduate Program in Counseling, "Treatment of Eating Disorders"
05/2012	JHU Undergraduate Nutrition Course, "Overview of Eating Disorders"
07/2010-06/2014	JHU School of Medicine, Introduction to Psychiatry and Behavioral Sciences Course, MSI, Small Group Patient Interviewing Instructor
07/2010-06/2014	JHU School of Medicine, Psychiatry Clerkship Quarterly MSIII lecture on Eating Disorders
08/2014-10/2019	Staten Island University Hospital, Residency Program/Psychiatry Clerkship lecture on Eating Disorders

Clinical Instruction

01/2012-05/2012	Virginia Commonwealth University, School of Nursing, Provided preceptorship for a JHH Psychiatric nurse receiving an advanced degree in nursing
07/2010-06/2013	Psychiatry Resident Psychotherapy Supervisor - 1 hour/week
07/2010-06/2014	Johns Hopkins Eating Disorder Service, Attending Physician, clinical supervision, group therapy supervision and teaching of PGYII resident and MSIII medical student
07/2010-06/2014	Adolescent Medicine – supervise the training of 1-2 adolescent medicine fellows during a 1-month elective on the eating disorders service
08/2014-10/2019	General Psychiatry Inpatient Unit, Attending Physician, overseeing the training of PGY 1 and PGY 2 residents
08/2014-10/2019	Psychiatry Resident Psychotherapy Supervisor/Mentor, provide guidance for patient management to psychiatry residents

PRESENTATIONS

- **Seide M**, Martin L, Rand-Giovannetti D, Coughlin JW, Redgrave GW, Guarda AS. An examination of vegetarianism in inpatients with eating disorders and switching to nonvegetarianism at follow up. Poster presentation, Academy of Eating Disorders, Austin, TX, May 2012
- Coughlin JW, Eaton L, Tiwari R, Reinblatt S, **Seide M**, Lidor A, Nguyen H, Steele K, Magnuson T, Schweitzer, M. An Examination of Psychiatric Medication Usage and One-Year Bariatric Surgery Outcomes. Masters Course in Behavioral Health, American Society for Metabolic and Bariatric Surgery, San Diego, CA, 2012
- **Keynote Speaker**, Department of Psychiatry & Behavioral Sciences Social Work Grand Rounds: "Obesity, the Cutting Edge of an Epidemic", 2013
- **Lead presenter**, "Eating Pathology after Bariatric Surgery: Understanding Risk and Improving Treatment". **Margaret Seide, MS, MD**, Janelle Coughlin, PhD, Allisyn Pletch, PMHCNS-BC. National Eating Disorders Association (NEDA), Washington, DC, 2013
- **Invited Panelist**, Robinson Health Colloquium Upper School Panel Assembly at Roland Park Country School, Baltimore, MD: Discussion with high school aged students providing education about mental illness and associated stigma, 2013

PUBLICATIONS

- Skowronski GA, **Seide M**, Abdel-Rahman MS. Oral bioaccessibility of trivalent and hexavalent chromium in soil by simulated gastric fluid. *J Toxicol Environ Health*. 2001 Jul 6; 63 (5): 351-362.
- Coughlin JW, **Seide M**, Guarda AS. Modern Nutrition in Health and Disease, 11th Edition. Chapter: Behavioral Disorders Affecting Food Intake: eating disorders and other psychiatric conditions. Lippincott, Williams & Wilkins, 2013.
- Andrews JT, **Seide M**, Guarda AS, Redgrave GW, Coffey DB. *Electroconvulsive therapy in an adolescent with severe major depression and anorexia nervosa*. *J Child Adolesc Psychopharmacol*. 2014 Mar;24(2):94-8. doi: 10.1089/cap.2014.2422.
- Redgrave GW, Coughlin JW, Schreyer CC, Martin LM, Leonpacher AK, **Seide M**, Verdi AM, Pletch A, Guarda AS. *Refeeding and weight restoration outcomes in anorexia nervosa: Challenging current guidelines*. *Int J Eat Disord*. 2015 Jan 27. doi: 10.1002/eat.22390.
- Aiyer R, **Seide M**, Stern RG. Valproic acid induced hyperammonemia in a long-time treated patient. *Case Rep Psychiatry*, 2016. doi: 10.1155/2016/6242314.

ORGANIZATIONAL MEMBERSHIPS and ACTIVITIES

- Physician Champion- Comprehensive Unit-Based Safety Program (CUSP), Johns Hopkins Hospital
This is a hospital wide program at Johns Hopkins that has the goal of helping change workplace culture to improve safety and empower staff to assume responsibility for safety in their environment
- Clinical Competency Committee- as committee member, I oversee the progress of each member of the residency program
- Program Evaluation Committee- As a member, I participate in the oversight of the development of the curriculum and activities of the residency program
- American Psychiatric Association- APA ID: 000001017118

- National Medical Association, a minority physician organization founded in 1895
- New York County Psychiatric Society- Resident's Committee elected Outstanding Faculty Member, 2016
- Mentoring and Professionalism in Training (MAP-IT), a program designed to foster talent of those flagged as high impact educators of the Northwell Health and Hospital System